BAYHOST&BTHA Bavarian-Czech-Polish Symposium

"Music & Aging. Music Activities in Old Age and Music Therapy for Aging Impairments"

Technical University of Applied Sciences Würzburg-Schweinfurt (THWS), DE

University of Music Würzburg (HfM), DE University of Physical Culture Krakow, PL

Academy of Music Katowice & Silesian University, Katowice, PL University Marie Curie-Sklodowskiej, Lublin, PL Palacky University Olomouc, CZ

2025 September 19th-20th, Würzburg, Germany, THWS, Münzstr. 12, 97070 Würzburg

Day	Program	Location
Friday, September 19 th	 1 p.m. Registration 2 p.m. Welcome (Vice)Presidents of THWS & HfM 2.15 p.m. German Keynote Jaunich & Wosch "Music Therapy and Music Geragogy in German dementia care for people with dementia and their caregivers – findings, developments and practice" 3.45 p.m. Café/Tea 4.15 p.m. workshops 1-4; workshop 1 Forster "Music and Movement with Elderly People"¹, workshop 2 Hasenhündl "Music and movement with Seniors in Retirement Homes: Session Plans and Practical Insights²", workshop 3 Thurn "MusicKit: A modular System of musical interventions to train caregivers in carrying out activities of daily living with persons with dementia", workshop 4 Petrowitz "Training in music based strategies for family caregivers via zoom in their homes" 5.45 p.m. end of program 	THWS, Cafeteria 2 MT-Lab- rooms + 2 seminar- rooms 4 th floor
Saturday, September 20 th	 9.30 a.m. Czech Keynote Kantor "Heritage and future of music education and music therapy in the Czech Republic. Research activities of JBI Centre in Palacky-University Olomouc for evidence based decision making" 11.15 a.m. workshops 5-8; workshop 5 Kantor "The usage of traditional Czech and Slovak overtone flute in neurorehabilitation of speech in people with Parkinson disease", workshop 6 Janková "Harmony Lounge: a piano-centred approach for musical stress management and well-being", workshop 7 Eickholt "Songwriting with and for people living with dementia", workshop 8 Blauth "Music making for and with people living with dementia. Training for musicians and ensemble directors" 12.45 p.m. Lunch 	THWS Cafeteria, 2 MT-Lab- rooms + 2 seminar- rooms 4 th fl.
		Cafeteria,

•	2 p.m. Polish Keynote Bukowska & Smrokowska-
	Reichmann "The Sound of Everyday: Music
	Therapy Applications for Enhancing
	Communication and Daily Functioning in Seniors
	with Dementia" & Stachyra "Even While Seated,
	You Can Dance – The Power of Movement
	Through Music"
•	3.30 p.m. Café/ Tea
•	4 p.m. workshops 9-11; workshop 9 Sepiolo "I

4 p.m. workshops 9-11; workshop 9 Sepiolo "I hear, so I am. Music therapy practice for seniors experiencing tinnitus and hearing loss", workshop 10 Knapik-Szweda "Sing with us group singing as a cognitive enhancement for healthy seniors", workshop 11 Stachyra, Even While Seated, You Can Dance – The Power of Movement Through Music"

• 6 p.m. end of program

2 MT-Labrooms + 1 seminarroom 4th fl.

Dr. Kerstin Jaunich, Friedrich-Alexander-University Nuremberg, Germany (& German Society for Music Geragogy)

Prof. Dr. Thomas Wosch, Technical University of Applied Sciences Würzburg-Schweinfurt, Germany

Prof. Michael Forster, University of Music Würzburg, Germany

Prof. Daniela Hasenhündl, University of Music Würzburg, Germany

Tabea Thurn, Technical University of Applied Sciences Würzburg-Schweinfurt, Germany (& vocational schools for care and education & care homes for people with special needs) Carina Petrowitz, Technical University of Applied Sciences Würzburg-Schweinfurt, Germany (& University hospital Würzburg)

Dr. Jiri Kantor, Palacky University Olomouc, Czech Republic

Josefina Janková, Palacky University Olomouc, Czech Republic

Dr. Jasmin Eickholt, Technical University of Applied Sciences Würzburg-Schweinfurt, Germany Dr. Laura B

lauth, Technical University of Applied Sciences Würzburg-Schweinfurt, Germany (& B lindeninstitut Würzburg / Institute for people with special needs & University hospital Würzburg)

Dr. Anna Bukowska, University of Physical Culture in Krakow, Poland

Dr. Agnieszka Smrokowska-Reichmann, University of Physical Culture in Krakow, Poland

Dr. habil. Krzysztof Stachyra, Maria Curie-Sklodowska University in Lublin, Poland

Agnieszka Sepiolo, Academy of Music in Katowice, Poland

Dr. Sara Knapik-Szweda, Academy of Music & Silesian University in Katowice, Poland

For registration email to: eva.dirr@study.thws.de
The symposium is free. Some catering will be delivered.
"Fortbildungspunkte" sind beantragt.